

SECRETS

ABOUT

SAD PERFECT

BEHIND THE SCENES LOOK

Sad Perfect is written in second-person point of view and was not done intentionally.

The main character is nicknamed Pea. I didn't want to name her. However, during one of my final edits, my daughter and I decided she needed a name but NO one but the two of us knows what it is.

In my next book, Pea makes an appearance and readers will learn her real name.

The first chapter of Sad Perfect is nearly true to the story about how my daughter met a boy she started dating when she was 15 while she was tubing down the Salt Lake River in Arizona.

When I was in the middle of my first draft, I asked my daughter permission to tell the story because it is based on her eating disorder ARFID. If she would have said NO, I would have scrapped the project.

Pea's real name is hidden inside of the book somewhere. I didn't even tell my editor that I snuck in her name.

ARFID is a real eating disorder. If you know someone who has extreme picky eating, that person might have ARFID. You can learn more here: [ARFID INFORMATION](#)

THANK YOU FOR PLAYING
YA SCAVENGER HUNT

Stephanie Elliot

